

Gutter 25m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:22,33	00:49,92	01:52,05	00:23,70	00:51,78	01:52,21	00:25,82	00:57,34	02:05,62	00:20,93	00:46,11	01:41,81	03:38,73	07:32,59	14:24,37	01:54,27	04:07,20
96%	00:22,57	00:50,45	01:53,23	00:23,95	00:52,33	01:53,40	00:26,09	00:57,95	02:06,94	00:21,15	00:46,60	01:42,88	03:41,03	07:37,35	14:33,47	01:55,47	04:09,80
97%	00:22,80	00:50,97	01:54,41	00:24,20	00:52,87	01:54,58	00:26,36	00:58,55	02:08,26	00:21,37	00:47,08	01:43,95	03:43,33	07:42,12	14:42,56	01:56,67	04:12,40
98%	00:23,04	00:51,50	01:55,59	00:24,45	00:53,42	01:55,76	00:26,64	00:59,15	02:09,59	00:21,59	00:47,57	01:45,03	03:45,64	07:46,88	14:51,66	01:57,87	04:15,01
99%	00:23,27	00:52,02	01:56,77	00:24,70	00:53,96	01:56,94	00:26,91	00:59,76	02:10,91	00:21,81	00:48,05	01:46,10	03:47,94	07:51,65	15:00,76	01:59,08	04:17,61
100%	00:23,51	00:52,55	01:57,95	00:24,95	00:54,51	01:58,12	00:27,18	01:00,36	02:12,23	00:22,03	00:48,54	01:47,17	03:50,24	07:56,41	15:09,86	02:00,28	04:20,21
102%	00:23,98	00:53,60	02:00,31	00:25,45	00:55,60	02:00,48	00:27,72	01:01,57	02:14,87	00:22,47	00:49,51	01:49,31	03:54,84	08:05,94	15:28,06	02:02,69	04:25,41
104%	00:24,45	00:54,65	02:02,67	00:25,95	00:56,69	02:02,84	00:28,27	01:02,77	02:17,52	00:22,91	00:50,48	01:51,46	03:59,45	08:15,47	15:46,25	02:05,09	04:30,62
106%	00:24,92	00:55,70	02:05,03	00:26,45	00:57,78	02:05,21	00:28,81	01:03,98	02:20,16	00:23,35	00:51,45	01:53,60	04:04,05	08:24,99	16:04,45	02:07,50	04:35,82
108%	00:25,39	00:56,75	02:07,39	00:26,95	00:58,87	02:07,57	00:29,35	01:05,19	02:22,81	00:23,79	00:52,42	01:55,74	04:08,66	08:34,52	16:22,65	02:09,90	04:41,03
110%	00:25,86	00:57,81	02:09,75	00:27,45	00:59,96	02:09,93	00:29,90	01:06,40	02:25,45	00:24,23	00:53,39	01:57,89	04:13,26	08:44,05	16:40,85	02:12,31	04:46,23
112%	00:26,33	00:58,86	02:12,10	00:27,94	01:01,05	02:12,29	00:30,44	01:07,60	02:28,10	00:24,67	00:54,36	02:00,03	04:17,87	08:53,58	16:59,04	02:14,71	04:51,44
114%	00:26,80	00:59,91	02:14,46	00:28,44	01:02,14	02:14,66	00:30,99	01:08,81	02:30,74	00:25,11	00:55,34	02:02,17	04:22,47	09:03,11	17:17,24	02:17,12	04:56,64
116%	00:27,27	01:00,96	02:16,82	00:28,94	01:03,23	02:17,02	00:31,53	01:10,02	02:33,39	00:25,55	00:56,31	02:04,32	04:27,08	09:12,64	17:35,44	02:19,52	05:01,84
118%	00:27,74	01:02,01	02:19,18	00:29,44	01:04,32	02:19,38	00:32,07	01:11,22	02:36,03	00:26,00	00:57,28	02:06,46	04:31,68	09:22,16	17:53,63	02:21,93	05:07,05
120%	00:28,21	01:03,06	02:21,54	00:29,94	01:05,41	02:21,74	00:32,62	01:12,43	02:38,68	00:26,44	00:58,25	02:08,60	04:36,29	09:31,69	18:11,83	02:24,34	05:12,25
122%	00:28,68	01:04,11	02:23,90	00:30,44	01:06,50	02:24,11	00:33,16	01:13,64	02:41,32	00:26,88	00:59,22	02:10,75	04:40,89	09:41,22	18:30,03	02:26,74	05:17,46
124%	00:29,15	01:05,16	02:26,26	00:30,94	01:07,59	02:26,47	00:33,70	01:14,85	02:43,97	00:27,32	01:00,19	02:12,89	04:45,50	09:50,75	18:48,23	02:29,15	05:22,66
126%	00:29,62	01:06,21	02:28,62	00:31,44	01:08,68	02:28,83	00:34,25	01:16,05	02:46,61	00:27,76	01:01,16	02:15,03	04:50,10	10:00,28	19:06,42	02:31,55	05:27,86
128%	00:30,09	01:07,26	02:30,98	00:31,94	01:09,77	02:31,19	00:34,79	01:17,26	02:49,25	00:28,20	01:02,13	02:17,18	04:54,71	10:09,80	19:24,62	02:33,96	05:33,07
130%	00:30,56	01:08,32	02:33,34	00:32,44	01:10,86	02:33,56	00:35,33	01:18,47	02:51,90	00:28,64	01:03,10	02:19,32	04:59,31	10:19,33	19:42,82	02:36,36	05:38,27
132%	00:31,03	01:09,37	02:35,69	00:32,93	01:11,95	02:35,92	00:35,88	01:19,68	02:54,54	00:29,08	01:04,07	02:21,46	05:03,92	10:28,86	20:01,02	02:38,77	05:43,48
134%	00:31,50	01:10,42	02:38,05	00:33,43	01:13,04	02:38,28	00:36,42	01:20,88	02:57,19	00:29,52	01:05,04	02:23,61	05:08,52	10:38,39	20:19,21	02:41,18	05:48,68
136%	00:31,97	01:11,47	02:40,41	00:33,93	01:14,13	02:40,64	00:36,96	01:22,09	02:59,83	00:29,96	01:06,01	02:25,75	05:13,13	10:47,92	20:37,41	02:43,58	05:53,89
138%	00:32,44	01:12,52	02:42,77	00:34,43	01:15,22	02:43,01	00:37,51	01:23,30	03:02,48	00:30,40	01:06,99	02:27,89	05:17,73	10:57,45	20:55,61	02:45,99	05:59,09
140%	00:32,91	01:13,57	02:45,13	00:34,93	01:16,31	02:45,37	00:38,05	01:24,50	03:05,12	00:30,84	01:07,96	02:30,04	05:22,34	11:06,97	21:13,80	02:48,39	06:04,29
142%	00:33,38	01:14,62	02:47,49	00:35,43	01:17,40	02:47,73	00:38,60	01:25,71	03:07,77	00:31,28	01:08,93	02:32,18	05:26,94	11:16,50	21:32,00	02:50,80	06:09,50
144%	00:33,85	01:15,67	02:49,85	00:35,93	01:18,49	02:50,09	00:39,14	01:26,92	03:10,41	00:31,72	01:09,90	02:34,32	05:31,55	11:26,03	21:50,20	02:53,20	06:14,70
146%	00:34,32	01:16,72	02:52,21	00:36,43	01:19,58	02:52,46	00:39,68	01:28,13	03:13,06	00:32,16	01:10,87	02:36,47	05:36,15	11:35,56	22:08,40	02:55,61	06:19,91
148%	00:34,79	01:17,77	02:54,57	00:36,93	01:20,67	02:54,82	00:40,23	01:29,33	03:15,70	00:32,60	01:11,84	02:38,61	05:40,76	11:45,09	22:26,59	02:58,01	06:25,11
150%	00:35,26	01:18,83	02:56,93	00:37,42	01:21,77	02:57,18	00:40,77	01:30,54	03:18,35	00:33,05	01:12,81	02:40,76	05:45,36	11:54,62	22:44,79	03:00,42	06:30,32
Konvert: 50m/25m	00:00,80	00:01,40	00:02,70	00:00,80	00:01,40	00:02,70	00:01,10	00:02,10	00:04,00	00:00,90	00:01,70	00:03,20	00:06,10	00:12,00	00:22,50	00:03,30	00:06,80

Oppdatert juli 2023

Gutter 50m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:23,09	00:51,25	01:54,62	00:24,46	00:53,11	01:54,78	00:26,87	00:59,34	02:09,42	00:21,78	00:47,73	01:44,85	03:44,52	07:43,99	14:45,74	01:57,40	04:13,66
96%	00:23,34	00:51,79	01:55,82	00:24,72	00:53,67	01:55,99	00:27,15	00:59,96	02:10,78	00:22,01	00:48,23	01:45,96	03:46,89	07:48,87	14:55,07	01:58,64	04:16,33
97%	00:23,58	00:52,33	01:57,03	00:24,98	00:54,23	01:57,20	00:27,43	01:00,59	02:12,14	00:22,24	00:48,73	01:47,06	03:49,25	07:53,76	15:04,39	01:59,87	04:19,00
98%	00:23,82	00:52,87	01:58,24	00:25,23	00:54,79	01:58,40	00:27,71	01:01,21	02:13,51	00:22,47	00:49,24	01:48,16	03:51,61	07:58,64	15:13,71	02:01,11	04:21,67
99%	00:24,07	00:53,41	01:59,44	00:25,49	00:55,35	01:59,61	00:28,00	01:01,84	02:14,87	00:22,70	00:49,74	01:49,27	03:53,98	08:03,53	15:23,04	02:02,34	04:24,34
100%	00:24,31	00:53,95	02:00,65	00:25,75	00:55,91	02:00,82	00:28,28	01:02,46	02:16,23	00:22,93	00:50,24	01:50,37	03:56,34	08:08,41	15:32,36	02:03,58	04:27,01
102%	00:24,80	00:55,03	02:03,06	00:26,27	00:57,03	02:03,24	00:28,85	01:03,71	02:18,95	00:23,39	00:51,24	01:52,58	04:01,07	08:18,18	15:51,01	02:06,05	04:32,35
104%	00:25,28	00:56,11	02:05,48	00:26,78	00:58,15	02:05,65	00:29,41	01:04,96	02:21,68	00:23,85	00:52,25	01:54,78	04:05,79	08:27,95	16:09,65	02:08,52	04:37,69
106%	00:25,77	00:57,19	02:07,89	00:27,29	00:59,26	02:08,07	00:29,98	01:06,21	02:24,40	00:24,31	00:53,25	01:56,99	04:10,52	08:37,71	16:28,30	02:10,99	04:43,03
108%	00:26,25	00:58,27	02:10,30	00:27,81	01:00,38	02:10,49	00:30,54	01:07,46	02:27,13	00:24,76	00:54,26	01:59,20	04:15,25	08:47,48	16:46,95	02:13,47	04:48,37
110%	00:26,74	00:59,35	02:12,72	00:28,33	01:01,50	02:12,90	00:31,11	01:08,71	02:29,85	00:25,22	00:55,26	02:01,41	04:19,97	08:57,25	17:05,60	02:15,94	04:53,71
112%	00:27,23	01:00,42	02:15,13	00:28,84	01:02,62	02:15,32	00:31,67	01:09,96	02:32,58	00:25,68	00:56,27	02:03,61	04:24,70	09:07,02	17:24,24	02:18,41	04:59,05
114%	00:27,71	01:01,50	02:17,54	00:29,35	01:03,74	02:17,73	00:32,24	01:11,20	02:35,30	00:26,14	00:57,27	02:05,82	04:29,43	09:16,79	17:42,89	02:20,88	05:04,39
116%	00:28,20	01:02,58	02:19,95	00:29,87	01:04,86	02:20,15	00:32,80	01:12,45	02:38,03	00:26,60	00:58,28	02:08,03	04:34,15	09:26,56	18:01,54	02:23,35	05:09,73
118%	00:28,69	01:03,66	02:22,37	00:30,38	01:05,97	02:22,57	00:33,37	01:13,70	02:40,75	00:27,06	00:59,28	02:10,24	04:38,88	09:36,32	18:20,18	02:25,82	05:15,07
120%	00:29,17	01:04,74	02:24,78	00:30,90	01:07,09	02:24,98	00:33,94	01:14,95	02:43,48	00:27,52	01:00,29	02:12,44	04:43,61	09:46,09	18:38,83	02:28,30	05:20,41
122%	00:29,66	01:05,82	02:27,19	00:31,41	01:08,21	02:27,40	00:34,50	01:16,20	02:46,20	00:27,97	01:01,29	02:14,65	04:48,33	09:55,86	18:57,48	02:30,77	05:25,75
124%	00:30,14	01:06,90	02:29,61	00:31,93	01:09,33	02:29,82	00:35,07	01:17,45	02:48,93	00:28,43	01:02,30	02:16,86	04:53,06	10:05,63	19:16,13	02:33,24	05:31,09
126%	00:30,63	01:07,98	02:32,02	00:32,45	01:10,45	02:32,23	00:35,63	01:18,70	02:51,65	00:28,89	01:03,30	02:19,07	04:57,79	10:15,40	19:34,77	02:35,71	05:36,43
128%	00:31,12	01:09,06	02:34,43	00:32,96	01:11,56	02:34,65	00:36,20	01:19,95	02:54,37	00:29,35	01:04,31	02:21,27	05:02,52	10:25,16	19:53,42	02:38,18	05:41,77
130%	00:31,60	01:10,14	02:36,85	00:33,47	01:12,68	02:37,07	00:36,76	01:21,20	02:57,10	00:29,81	01:05,31	02:23,48	05:07,24	10:34,93	20:12,07	02:40,65	05:47,11
132%	00:32,09	01:11,21	02:39,26	00:33,99	01:13,80	02:39,48	00:37,33	01:22,45	02:59,82	00:30,27	01:06,32	02:25,69	05:11,97	10:44,70	20:30,72	02:43,13	05:52,45
134%	00:32,58	01:12,29	02:41,67	00:34,51	01:14,92	02:41,90	00:37,90	01:23,70	03:02,55	00:30,73	01:07,32	02:27,90	05:16,70	10:54,47	20:49,36	02:45,60	05:57,79
136%	00:33,06	01:13,37	02:44,08	00:35,02	01:16,04	02:44,32	00:38,46	01:24,95	03:05,27	00:31,18	01:08,33	02:30,10	05:21,42	11:04,24	21:08,01	02:48,07	06:03,13
138%	00:33,55	01:14,45	02:46,50	00:35,53	01:17,16	02:46,73	00:39,03	01:26,19	03:08,00	00:31,64	01:09,33	02:32,31	05:26,15	11:14,01	21:26,66	02:50,54	06:08,47
140%	00:34,03	01:15,53	02:48,91	00:36,05	01:18,27	02:49,15	00:39,59	01:27,44	03:10,72	00:32,10	01:10,34	02:34,52	05:30,88	11:23,77	21:45,30	02:53,01	06:13,81
142%	00:34,52	01:16,61	02:51,32	00:36,56	01:19,39	02:51,56	00:40,16	01:28,69	03:13,45	00:32,56	01:11,34	02:36,73	05:35,60	11:33,54	22:03,95	02:55,48	06:19,15
144%	00:35,01	01:17,69	02:53,74	00:37,08	01:20,51	02:53,98	00:40,72	01:29,94	03:16,17	00:33,02	01:12,35	02:38,93	05:40,33	11:43,31	22:22,60	02:57,96	06:24,49
146%	00:35,49	01:18,77	02:56,15	00:37,59	01:21,63	02:56,40	00:41,29	01:31,19	03:18,90	00:33,48	01:13,35	02:41,14	05:45,06	11:53,08	22:41,25	03:00,43	06:29,83
148%	00:35,98	01:19,85	02:58,56	00:38,11	01:22,75	02:58,81	00:41,85	01:32,44	03:21,62	00:33,94	01:14,36	02:43,35	05:49,78	12:02,85	22:59,89	03:02,90	06:35,17
150%	00:36,46	01:20,93	03:00,97	00:38,62	01:23,86	03:01,23	00:42,42	01:33,69	03:24,34	00:34,39	01:15,36	02:45,55	05:54,51	12:12,62	23:18,54	03:05,37	06:40,51

Jenter 25m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:25,09	00:56,03	02:04,95	00:26,89	00:58,05	02:05,41	00:29,24	01:04,38	02:19,54	00:23,65	00:51,72	01:52,84	03:59,77	08:12,01	15:44,29	02:07,88	04:32,32
96%	00:25,35	00:56,62	02:06,27	00:27,18	00:58,66	02:06,73	00:29,55	01:05,06	02:21,00	00:23,89	00:52,26	01:54,03	04:02,29	08:17,19	15:54,23	02:09,23	04:35,18
97%	00:25,62	00:57,21	02:07,58	00:27,46	00:59,27	02:08,05	00:29,86	01:05,74	02:22,47	00:24,14	00:52,81	01:55,22	04:04,82	08:22,37	16:04,17	02:10,57	04:38,05
98%	00:25,88	00:57,80	02:08,90	00:27,74	00:59,88	02:09,37	00:30,16	01:06,41	02:23,94	00:24,39	00:53,35	01:56,40	04:07,34	08:27,55	16:14,11	02:11,92	04:40,92
99%	00:26,15	00:58,39	02:10,21	00:28,03	01:00,49	02:10,69	00:30,47	01:07,09	02:25,41	00:24,64	00:53,90	01:57,59	04:09,87	08:32,73	16:24,05	02:13,26	04:43,78
100%	00:26,41	00:58,98	02:11,53	00:28,31	01:01,10	02:12,01	00:30,78	01:07,77	02:26,88	00:24,89	00:54,44	01:58,78	04:12,39	08:37,91	16:33,99	02:14,61	04:46,65
102%	00:26,94	01:00,16	02:14,16	00:28,88	01:02,32	02:14,65	00:31,40	01:09,13	02:29,82	00:25,39	00:55,53	02:01,16	04:17,44	08:48,27	16:53,87	02:17,30	04:52,38
104%	00:27,47	01:01,34	02:16,79	00:29,44	01:03,54	02:17,29	00:32,01	01:10,48	02:32,76	00:25,89	00:56,62	02:03,53	04:22,49	08:58,63	17:13,75	02:19,99	04:58,12
106%	00:27,99	01:02,52	02:19,42	00:30,01	01:04,77	02:19,93	00:32,63	01:11,84	02:35,69	00:26,38	00:57,71	02:05,91	04:27,53	09:08,98	17:33,63	02:22,69	05:03,85
108%	00:28,52	01:03,70	02:22,05	00:30,57	01:05,99	02:22,57	00:33,24	01:13,19	02:38,63	00:26,88	00:58,80	02:08,28	04:32,58	09:19,34	17:53,51	02:25,38	05:09,58
110%	00:29,05	01:04,88	02:24,68	00:31,14	01:07,21	02:25,21	00:33,86	01:14,55	02:41,57	00:27,38	00:59,88	02:10,66	04:37,63	09:29,70	18:13,39	02:28,07	05:15,31
112%	00:29,58	01:06,06	02:27,31	00:31,71	01:08,43	02:27,85	00:34,47	01:15,90	02:44,51	00:27,88	01:00,97	02:13,03	04:42,68	09:40,06	18:33,27	02:30,76	05:21,05
114%	00:30,11	01:07,24	02:29,94	00:32,27	01:09,65	02:30,49	00:35,09	01:17,26	02:47,44	00:28,37	01:02,06	02:15,41	04:47,72	09:50,42	18:53,15	02:33,46	05:26,78
116%	00:30,64	01:08,42	02:32,57	00:32,84	01:10,88	02:33,13	00:35,70	01:18,61	02:50,38	00:28,87	01:03,15	02:17,78	04:52,77	10:00,78	19:13,03	02:36,15	05:32,51
118%	00:31,16	01:09,60	02:35,21	00:33,41	01:12,10	02:35,77	00:36,32	01:19,97	02:53,32	00:29,37	01:04,24	02:20,16	04:57,82	10:11,13	19:32,91	02:38,84	05:38,25
120%	00:31,69	01:10,78	02:37,84	00:33,97	01:13,32	02:38,41	00:36,94	01:21,32	02:56,26	00:29,87	01:05,33	02:22,54	05:02,87	10:21,49	19:52,79	02:41,53	05:43,98
122%	00:32,22	01:11,96	02:40,47	00:34,54	01:14,54	02:41,05	00:37,55	01:22,68	02:59,19	00:30,37	01:06,42	02:24,91	05:07,92	10:31,85	20:12,67	02:44,22	05:49,71
124%	00:32,75	01:13,14	02:43,10	00:35,10	01:15,76	02:43,69	00:38,17	01:24,03	03:02,13	00:30,86	01:07,51	02:27,29	05:12,96	10:42,21	20:32,55	02:46,92	05:55,45
126%	00:33,28	01:14,31	02:45,73	00:35,67	01:16,99	02:46,33	00:38,78	01:25,39	03:05,07	00:31,36	01:08,59	02:29,66	05:18,01	10:52,57	20:52,43	02:49,61	06:01,18
128%	00:33,80	01:15,49	02:48,36	00:36,24	01:18,21	02:48,97	00:39,40	01:26,75	03:08,01	00:31,86	01:09,68	02:32,04	05:23,06	11:02,92	21:12,31	02:52,30	06:06,91
130%	00:34,33	01:16,67	02:50,99	00:36,80	01:19,43	02:51,61	00:40,01	01:28,10	03:10,94	00:32,36	01:10,77	02:34,41	05:28,11	11:13,28	21:32,19	02:54,99	06:12,64
132%	00:34,86	01:17,85	02:53,62	00:37,37	01:20,65	02:54,25	00:40,63	01:29,46	03:13,88	00:32,85	01:11,86	02:36,79	05:33,15	11:23,64	21:52,07	02:57,69	06:18,38
134%	00:35,39	01:19,03	02:56,25	00:37,94	01:21,87	02:56,89	00:41,25	01:30,81	03:16,82	00:33,35	01:12,95	02:39,17	05:38,20	11:34,00	22:11,95	03:00,38	06:24,11
136%	00:35,92	01:20,21	02:58,88	00:38,50	01:23,10	02:59,53	00:41,86	01:32,17	03:19,76	00:33,85	01:14,04	02:41,54	05:43,25	11:44,36	22:31,83	03:03,07	06:29,84
138%	00:36,45	01:21,39	03:01,51	00:39,07	01:24,32	03:02,17	00:42,48	01:33,52	03:22,69	00:34,35	01:15,13	02:43,92	05:48,30	11:54,72	22:51,71	03:05,76	06:35,58
140%	00:36,97	01:22,57	03:04,14	00:39,63	01:25,54	03:04,81	00:43,09	01:34,88	03:25,63	00:34,85	01:16,22	02:46,29	05:53,35	12:05,07	23:11,59	03:08,45	06:41,31
142%	00:37,50	01:23,75	03:06,77	00:40,20	01:26,76	03:07,45	00:43,71	01:36,23	03:28,57	00:35,34	01:17,30	02:48,67	05:58,39	12:15,43	23:31,47	03:11,15	06:47,04
144%	00:38,03	01:24,93	03:09,40	00:40,77	01:27,98	03:10,09	00:44,32	01:37,59	03:31,51	00:35,84	01:18,39	02:51,04	06:03,44	12:25,79	23:51,35	03:13,84	06:52,78
146%	00:38,56	01:26,11	03:12,03	00:41,33	01:29,21	03:12,73	00:44,94	01:38,94	03:34,44	00:36,34	01:19,48	02:53,42	06:08,49	12:36,15	24:11,23	03:16,53	06:58,51
148%	00:39,09	01:27,29	03:14,66	00:41,90	01:30,43	03:15,37	00:45,55	01:40,30	03:37,38	00:36,84	01:20,57	02:55,79	06:13,54	12:46,51	24:31,11	03:19,22	07:04,24
150%	00:39,61	01:28,47	03:17,29	00:42,46	01:31,65	03:18,01	00:46,17	01:41,65	03:40,32	00:37,33	01:21,66	02:58,17	06:18,59	12:56,86	24:50,98	03:21,91	07:09,98
Konvert: 50m/25m	00:00,70	00:01,30	00:02,40	00:00,70	00:01,30	00:02,50	00:01,00	00:01,80	00:03,60	00:00,80	00:01,50	00:02,90	00:05,50	00:11,10	00:20,60	00:02,90	00:06,00

Oppdatert juli 2023

Jenter 50m	50 fl	100 fl	200 fl	50 rc	100 rc	200 rc	50 br	100 br	200 br	50 cr	100 cr	200 cr	400 cr	800 cr	1500 cr	200 im	400 im
95%	00:25,75	00:57,27	02:07,23	00:27,56	00:59,28	02:07,78	00:30,19	01:06,09	02:22,96	00:24,41	00:53,14	01:55,60	04:05,00	08:22,56	16:03,86	02:10,63	04:38,02
96%	00:26,03	00:57,87	02:08,57	00:27,85	00:59,90	02:09,13	00:30,51	01:06,79	02:24,46	00:24,66	00:53,70	01:56,81	04:07,57	08:27,85	16:14,01	02:12,01	04:40,94
97%	00:26,30	00:58,47	02:09,91	00:28,14	01:00,53	02:10,47	00:30,83	01:07,48	02:25,97	00:24,92	00:54,26	01:58,03	04:10,15	08:33,14	16:24,15	02:13,38	04:43,87
98%	00:26,57	00:59,07	02:11,25	00:28,43	01:01,15	02:11,82	00:31,14	01:08,18	02:27,47	00:25,18	00:54,82	01:59,25	04:12,73	08:38,43	16:34,30	02:14,76	04:46,80
99%	00:26,84	00:59,68	02:12,59	00:28,72	01:01,78	02:13,16	00:31,46	01:08,87	02:28,98	00:25,43	00:55,38	02:00,46	04:15,31	08:43,72	16:44,44	02:16,13	04:49,72
100%	00:27,11	01:00,28	02:13,93	00:29,01	01:02,40	02:14,51	00:31,78	01:09,57	02:30,48	00:25,69	00:55,94	02:01,68	04:17,89	08:49,01	16:54,59	02:17,51	04:52,65
102%	00:27,65	01:01,49	02:16,61	00:29,59	01:03,65	02:17,20	00:32,42	01:10,96	02:33,49	00:26,20	00:57,06	02:04,11	04:23,05	08:59,59	17:14,88	02:20,26	04:58,50
104%	00:28,19	01:02,69	02:19,29	00:30,17	01:04,90	02:19,89	00:33,05	01:12,35	02:36,50	00:26,72	00:58,18	02:06,55	04:28,21	09:10,17	17:35,17	02:23,01	05:04,36
106%	00:28,74	01:03,90	02:21,97	00:30,75	01:06,14	02:22,58	00:33,69	01:13,74	02:39,51	00:27,23	00:59,30	02:08,98	04:33,36	09:20,75	17:55,47	02:25,76	05:10,21
108%	00:29,28	01:05,10	02:24,64	00:31,33	01:07,39	02:25,27	00:34,32	01:15,14	02:42,52	00:27,75	01:00,42	02:11,41	04:38,52	09:31,33	18:15,76	02:28,51	05:16,06
110%	00:29,82	01:06,31	02:27,32	00:31,91	01:08,64	02:27,96	00:34,96	01:16,53	02:45,53	00:28,26	01:01,53	02:13,85	04:43,68	09:41,91	18:36,05	02:31,26	05:21,91
112%	00:30,36	01:07,51	02:30,00	00:32,49	01:09,89	02:30,65	00:35,59	01:17,92	02:48,54	00:28,77	01:02,65	02:16,28	04:48,84	09:52,49	18:56,34	02:34,01	05:27,77
114%	00:30,91	01:08,72	02:32,68	00:33,07	01:11,14	02:33,34	00:36,23	01:19,31	02:51,55	00:29,29	01:03,77	02:18,72	04:53,99	10:03,07	19:16,63	02:36,76	05:33,62
116%	00:31,45	01:09,92	02:35,36	00:33,65	01:12,38	02:36,03	00:36,86	01:20,70	02:54,56	00:29,80	01:04,89	02:21,15	04:59,15	10:13,65	19:36,92	02:39,51	05:39,47
118%	00:31,99	01:11,13	02:38,04	00:34,23	01:13,63	02:38,72	00:37,50	01:22,09	02:57,57	00:30,31	01:06,01	02:23,58	05:04,31	10:24,23	19:57,22	02:42,26	05:45,33
120%	00:32,53	01:12,34	02:40,72	00:34,81	01:14,88	02:41,41	00:38,14	01:23,48	03:00,58	00:30,83	01:07,13	02:26,02	05:09,47	10:34,81	20:17,51	02:45,01	05:51,18
122%	00:33,07	01:13,54	02:43,39	00:35,39	01:16,13	02:44,10	00:38,77	01:24,88	03:03,59	00:31,34	01:08,25	02:28,45	05:14,63	10:45,39	20:37,80	02:47,76	05:57,03
124%	00:33,62	01:14,75	02:46,07	00:35,97	01:17,38	02:46,79	00:39,41	01:26,27	03:06,60	00:31,86	01:09,37	02:30,88	05:19,78	10:55,97	20:58,09	02:50,51	06:02,89
126%	00:34,16	01:15,95	02:48,75	00:36,55	01:18,62	02:49,48	00:40,04	01:27,66	03:09,60	00:32,37	01:10,48	02:33,32	05:24,94	11:06,55	21:18,38	02:53,26	06:08,74
128%	00:34,70	01:17,16	02:51,43	00:37,13	01:19,87	02:52,17	00:40,68	01:29,05	03:12,61	00:32,88	01:11,60	02:35,75	05:30,10	11:17,13	21:38,68	02:56,01	06:14,59
130%	00:35,24	01:18,36	02:54,11	00:37,71	01:21,12	02:54,86	00:41,31	01:30,44	03:15,62	00:33,40	01:12,72	02:38,18	05:35,26	11:27,71	21:58,97	02:58,76	06:20,45
132%	00:35,79	01:19,57	02:56,79	00:38,29	01:22,37	02:57,55	00:41,95	01:31,83	03:18,63	00:33,91	01:13,84	02:40,62	05:40,41	11:38,29	22:19,26	03:01,51	06:26,30
134%	00:36,33	01:20,78	02:59,47	00:38,87	01:23,62	03:00,24	00:42,59	01:33,22	03:21,64	00:34,42	01:14,96	02:43,05	05:45,57	11:48,87	22:39,55	03:04,26	06:32,15
136%	00:36,87	01:21,98	03:02,14	00:39,45	01:24,86	03:02,93	00:43,22	01:34,62	03:24,65	00:34,94	01:16,08	02:45,48	05:50,73	11:59,45	22:59,84	03:07,01	06:38,00
138%	00:37,41	01:23,19	03:04,82	00:40,03	01:26,11	03:05,62	00:43,86	01:36,01	03:27,66	00:35,45	01:17,20	02:47,92	05:55,89	12:10,03	23:20,13	03:09,76	06:43,86
140%	00:37,95	01:24,39	03:07,50	00:40,61	01:27,36	03:08,31	00:44,49	01:37,40	03:30,67	00:35,97	01:18,32	02:50,35	06:01,05	12:20,61	23:40,43	03:12,51	06:49,71
142%	00:38,50	01:25,60	03:10,18	00:41,19	01:28,61	03:11,00	00:45,13	01:38,79	03:33,68	00:36,48	01:19,43	02:52,79	06:06,20	12:31,19	24:00,72	03:15,26	06:55,56
144%	00:39,04	01:26,80	03:12,86	00:41,77	01:29,86	03:13,69	00:45,76	01:40,18	03:36,69	00:36,99	01:20,55	02:55,22	06:11,36	12:41,77	24:21,01	03:18,01	07:01,42
146%	00:39,58	01:28,01	03:15,54	00:42,35	01:31,10	03:16,38	00:46,40	01:41,57	03:39,70	00:37,51	01:21,67	02:57,65	06:16,52	12:52,35	24:41,30	03:20,76	07:07,27
148%	00:40,12	01:29,21	03:18,22	00:42,93	01:32,35	03:19,07	00:47,03	01:42,96	03:42,71	00:38,02	01:22,79	03:00,09	06:21,68	13:02,93	25:01,59	03:23,51	07:13,12
150%	00:40,66	01:30,42	03:20,89	00:43,52	01:33,60	03:21,76	00:47,67	01:44,35	03:45,72	00:38,53	01:23,91	03:02,52	06:26,83	13:13,52	25:21,89	03:26,26	07:18,98

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